

Position Title: Lifeguard
Department: Parks & Recreation
Location: Palos Heights Pool
Reports To: Youth Recreation Coordinator
FLSA Status: Non-Exempt
Wage: \$15.00 per hour
Position Type: Part-time, Seasonal



The primary responsibility as a lifeguard is to prevent drowning and other injuries from occurring. Candidates must be able to ensure the safety of patrons by minimizing or eliminating hazardous situations or behaviors. This person will need to be able to solve on-the-job issues by utilizing effective critical thinking and decision making skills and possess the ability to work with diverse populations. Lifeguards must be able to enforce pool policies and be able to communicate effectively why policies are in place.

Minimum Qualifications

- Current Red Cross Lifeguard Certification Required.
- Current CPR/ First Aid/AED Certifications Required.

Physical Demands

- Ability to react to emergency situations by quick movements, strenuous activity, and on occasion assist or lift persons in distress of varying weights.
- Required to remain alert to dangerous situations while sitting, standing or walking for various lengths of time.

Duties and Responsibilities are but not limited to:

- Recognize and respond effectively in emergency situations by activating the Emergency Action Plan (EAP).
- Actively guard and scan the pool area at all times; refrains from socializing while guarding.
- Communicate and enforce all Palos Heights Parks and Recreation pool policies and rules in a personable and professional manner.
- Dress and appearance are consistent with PPHR standards including wearing your swimsuit, guard shirt, whistle and tube while on duty.
- Conduct pool inspections and complete pool chemical logs and report imbalances or concerns to the supervisor.
- Proper radio protocol and response in a timely manner, includes radio communication to the front desk, building managers, and direct supervisors.
- Record daily participation numbers and complete daily cleaning assignments.
- Attend and participate in regular in-service trainings.
- Provide a welcoming environment for all patrons.

- Document any incidents and/or injuries.
- Maintain a clean and tidy work space.
- Perform other duties as assigned

Staff Development:

- Must act and represent PPHR in a positive and professional manner.
- Maintain a standard of performance on daily tasks.
- Attend regularly scheduled in service trainings for all areas necessary.
- Maintain communication with other Aquatics Team members and your supervisors.
- Communicate clear and concise information as needed to patrons, emergency medical service personnel and police services.
- Adhere to all PPHR guidelines and non-negotiables.

Criteria for Success:

- Ability to recognize and respond to emergencies through knowledge and application of lifeguard surveillance and rescue techniques.
- Ability to enforce pool policies while providing a high level of customer service to students, faculty/staff, and community members.
- Ability to display a positive attitude for all patrons and PPHR staff.
- Ability to prioritize tasks, manages their time and balance professional and personal commitments.
- Arrives prepared and on time for work and consistently demonstrates service excellence.
- Able to assess a situation and make an informed decision independently.
- Ability to work as a team with other lifeguards, facility staff and management.

The City of Palos Heights is an Equal Opportunity Employer. In compliance with the Americans with Disabilities Act, the City will provide reasonable accommodations to qualified individuals with disabilities and encourages both prospective and current employees to discuss potential accommodations with the employer.

Contact Information:

For more information or to apply, please contact Maddie Landis at the Parks and Recreation Department:

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